

# TIPS FOR RIDING THE MBTA

Face coverings are required on the train and at stops and stations

Travel at off peak times if your work allows

Stay distant from other riders when possible

The T can help if you forgot your mask or need hand sanitizer

Sanitize your hands before and after riding. If you feel like your hands become unclean avoid touching your face until you can clean them

Only one group traveling together per elevator

Touch items at the stations are being cleaned every 4 hours and trains mid-day and every night

Ride safer program



Blue, Red, Orange, Green Lines  
Commuter Rails